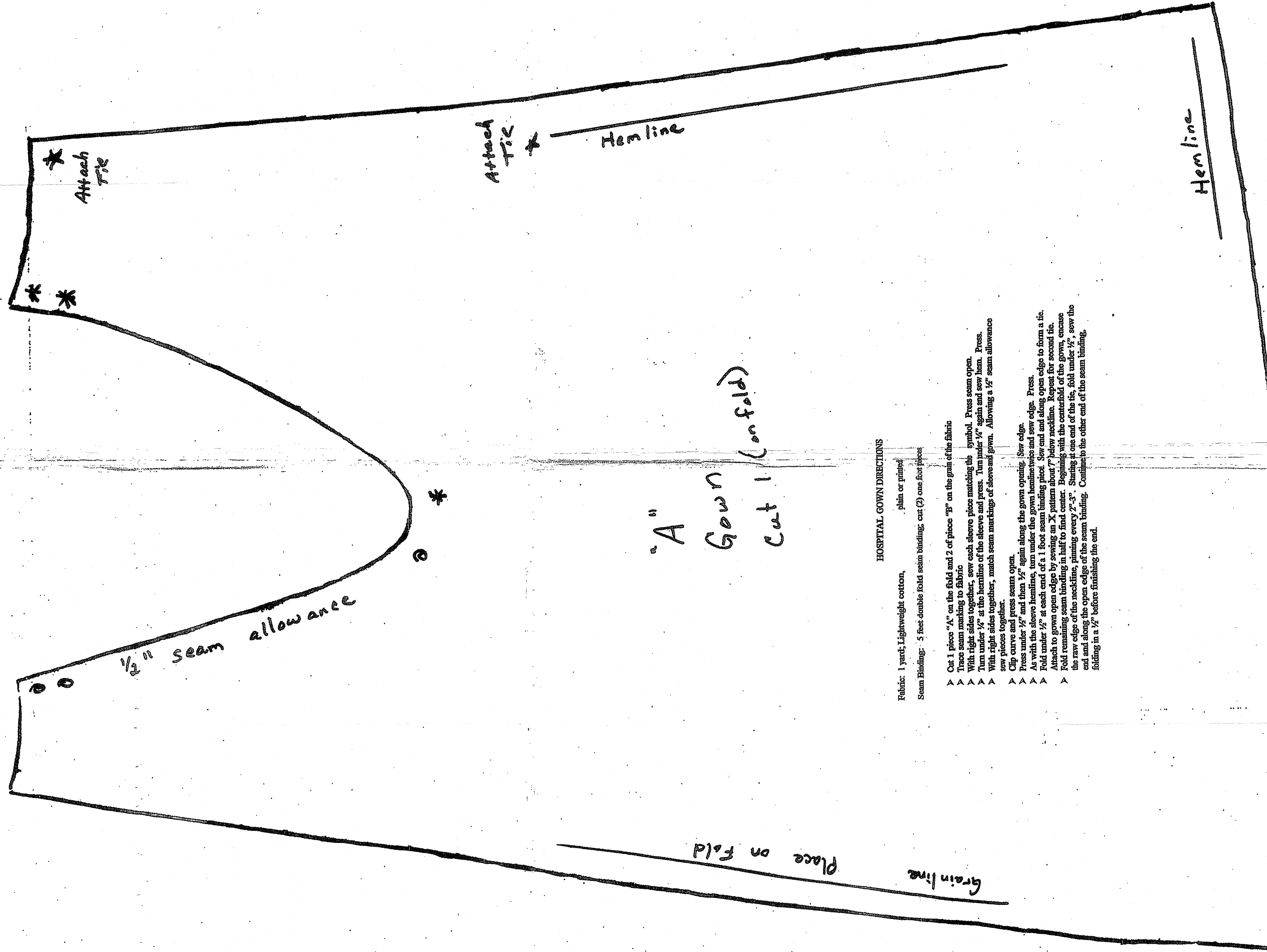




#### HOSPITAL GOWN DIRECTIONS

Fabric: 1 yard, Lightweight cotton, plain or printed

Seam Binding: 5 feet double fold seam binding; cut (2) one foot pieces

- > Cut 1 piece "A" on the fold and 2 of piece "B" on the grain of the fabric
- > Trace seam markings to fabric
- > With right sides together, sew each sleeve piece matching the symbol. Press seam open.
- > Turn under  $\frac{1}{2}$ " at the hemline of the sleeve and press. Turn under  $\frac{1}{2}$ " again and sew hem. Press.
- > With right sides together, match seam markings of sleeve and gown. Allowing a  $\frac{1}{2}$ " seam allowance sew pieces together.
- > Clip curve and press seam open.
- > Press under  $\frac{1}{2}$ " and then  $\frac{1}{2}$ " again along the gown opening. Sew edge.
- > As with the sleeve hemline, turn under the gown hemline twice and sew edge. Press.
- > Fold under  $\frac{1}{2}$ " at each end of a 1 foot seam binding piece. Sew end and along open edge to form a tie.
- > Attach to gown open edge by sewing an "X" pattern about 7" below neckline. Repeat for second tie.
- > Fold remaining seam binding in half to find center. Beginning with the centerfold of the gown, encase the raw edge of the neckline, pinning every 2"-3". Starting at one end of the tie, fold under  $\frac{1}{2}$ ", sew the end and along the open edge of the seam binding. Continue to the other end of the seam binding, folding in a  $\frac{1}{2}$ " before finishing the end.